

spa lucca

relax &  
*replenish*

SPA LUCCA MENU

Let us take your *body and mind* on a journey at Spa Lucca. *Enjoy the voyage* alone in your private seaside *oasis*, or with a friend or loved one in our double treatment suite.

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**FACE**

*Skin reawakening*

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<b>DISCOVERY</b>	Begin your skin transformation journey here. Effective kick-start facial, recommended treatment plan, skin care prescription & personalised skin coaching	45mins   \$150
<b>ESSENTIAL</b>	Designed to bring noticeable results in minimal time. Gentle cleanse, enzyme therapy, facial massage & deep hydration	60mins   \$175
<b>FORMULATE</b>	Signature lymphatic facial massage, release gua sha sequence & thermal contouring facial mask	90mins   \$255
<b>FOUNDERS</b>	Crafted with tension release in mind. A unique massage sequence to contour the muscles of the face & neck, combined with highest performing actives	90mins   \$285 120mins   \$345
<b>LOVE</b>	Chakra alignment, crystal therapy, gentle cleanse & exfoliation, rose quartz infusion	90mins   \$245 Including thermal contour mask 105mins   \$285

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**UPGRADES** *for extra indulgence*

<b>CONSULT</b>	A guided consult to tailor your skincare routine to you. Cost of consult is redeemable on products	30mins   \$99
<b>LED</b>	LED light therapy to increase collagen stimulation & production (available in a course of seven)	30mins   \$85

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**VESSEL**

*Massage from traditional to bespoke*  
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<b>SURRENDER</b>	Using a mix of Swedish techniques & long flowing Lomi Lomi strokes to ease tension & relax the entire being	90mins   \$225
<b>RITUAL</b>	Lomi Lomi flow to massage multiple parts of the body at the same time, providing a deep sense of peace & stability	90mins   \$265
<b>RITUAL 4</b>	Four hands Lomi Lomi flow, two of our expert therapists will work in synchronicity to transport you to an extreme state of serenity	90mins   \$489
<b>DYNAMIC</b>	A dynamic body massage with a large focus on lymphatic drainage technique & increased blood circulation to visibly contour	90mins   \$259
<b>RELEASE</b>	High energy massage, working with the musculoskeletal system to provide a deep pressure release	90mins   \$259
<b>CRYSTALUS</b>	Hot stone massage using tiger Iron & an aromatic body oil blend to relieve deep physical tension	90mins   \$245
<b>NURTURE</b>	Focuses on nurturing the female body or expectant mother to invite self-love & provide specific attention to soothing pain and tension	90mins   \$230

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**FORM**

*Treat your body*  
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<b>HIMALAYAN</b>	Warm, nourishing body oil with Himalayan salt exfoliation	75mins   \$180
<b>BLISS</b>	Highly fragrant, Madagascan vanilla and sugar buff	75mins   \$180
<b>DETOX</b>	Mineral salt scrub, detoxifying clay, full body wrap	90mins   \$230
<b>COCOON</b>	Himalayan salt scrub, light therapy, cascading Vichy shower	60mins   \$160

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**IMMERSION**

*Your body, your mind*  
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<b>ODD</b>	Back massage, pressure point facial massage, facial mask & foot ritual using the rarest & most sacred oil	90mins   \$285
<b>FOCUS</b>	Chakra alignment, full body massage, meditation & crystal placement	105mins   \$305
<b>AURORA</b>	Back massage, healing white jade facial massage, facial mask & sound therapy	120mins   \$345

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**SUBMERSION**

*Bathing rituals – Aromatic waters with a powerful blend  
of trace elements & minerals to dissolve anxiety*  
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<b>ECLIPSE</b>	Mustard & magnesium bath salt therapy with ancient herbs, magnesium salts & pure essential oils to increase circulation and promote relaxation	30mins   \$65
<b>SOLSTICE</b>	Nourishing oat milk & healing herbs bath soak with magnesium salts & uplifting essential oil aroma to invite a celebration of life	30mins   \$65
<b>EQUINOX</b>	Egyptian lotus & black wolfberry sacred bath soak with exotic essential oils & empowering crystal essence remedy to activate intuition	30mins   \$65
<b>LUNAR</b>	Mineral-rich Himalayan & magnesium salts, detoxifying clay, nourishing coconut milk powder & pure essential oils to invite self-love and soothe emotions	30mins   \$65
<b>PORTAL</b>	Himalayan minerals & magnesium salts, organic rose and hibiscus petals & pure essential oils activated with crystals to bring a higher perspective	30mins   \$65

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**VOYAGE**

*Carefully curated packages*  
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<b>NOURISH</b>	Advance performance facial, dynamic bust & abdomen ritual, foot massage	150mins   \$395
<b>REPLENISH</b>	Himalayan full body salt scrub, Surrender massage, Essential facial, bath soak of choice	180mins   \$410
<b>LIBERATE</b>	Release massage, Himalayan back salt scrub, focused facial massage (incl. gua sha & pressure points), deep scalp ritual	120mins   \$335
<b>ODE</b>	Nurture (pregnancy/post-partum) or Ritual massage, Love facial	120mins   \$305
<b>CEREMONY</b>	Oud renewal massage, guided meditation experience, oud pressure point facial massage & mask	150mins   \$445
<b>FLOW</b>	Half-day curated spa package, personally designed by you to address individual concerns. (Incl. spa lunch & refreshments)	300mins   \$670

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**ADD-ONS**

*Additional treats*  
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<b>BUST</b>	Body polish, gentle massage & French pink clay to create a youthful silhouette	30mins   \$85
<b>BELLY</b>	Stomach massage using lymphatic drainage techniques to increase blood circulation & visibly contour (can be customised for pregnancy & post-partum)	30mins   \$75
<b>HANDS</b>	Pressure point massage	30mins   \$65
<b>FEET</b>	Pressure point massage	30mins   \$65
<b>CRYSTALUS</b>	Hot stone back massage using tiger Iron & an aromatic body oil blend to relieve deep physical tension	30mins   \$80